

**New Jersey Department of Mental Health and Addiction Services
Citizens Advisory Council Meeting Minutes
Date: May 16, 2013**

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| Present Members | |
| Ezra Helfand - Chairperson | Ellen Taner |
| Kathleen Dennis - Vice Chairperson | Candice Singer |
| Donna DeStefano | Kathleen Dobbs |
| Father Bill Naughton | Ana Guerra (via telephone) |
| Carole Mosley | Nasar Mahmud (via telephone) |
| Jeff Beck | Missing Members |
| Debbie Riscica | Charles Stewart |
| | Dennis Lee – on leave |
| Guests and DMHAS Staff | DMHAS Staff |
| Ann Wanamaker | Dennis Donovan, DMHAS Staff |
| Devin Fox, DMHAS Recovery and Consumer Liaison | Denise Pangilinan –Minutes Recorder |

| AGENDA ITEMS: | Dialogue | Actions / Strategic Decisions |
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| Welcome and Introductions & Approve Minutes | Motion to pass by Father Naughton and Seconded by Jeffrey Beck . All in favor – Minutes approved | |
| Announcements | <ul style="list-style-type: none"> Members of the CAC acknowledged Dennis Donovan for his service to the state upon his retirement. Donna DeStefano announced that she won the Miss New Jersey Globe 2013 and will be competing in Palm Springs for the Miss USA Globe 2013. Donna noted that the Miss Globe is about empowering women Kathleen Dobbs - Reported on being present during the signing of the 911 Good Samaritan Bill. She noted that <i>Parent 2 Parent</i> wants to now go municipality to municipality to educate their police forces | |
| Liaisons' Reports and Actions CAC want to take regarding the committee: | <ul style="list-style-type: none"> Devin provided the DMHAS Update; Working with the executive Team at DMHAS to provide a clear avenue of communication to the Citizens' Advisory Council Ann Wanamaker - Provided an update on new funding for opiate dependence MHPC Report: Ellen Taner - Reports that the block grant is infusing mental health and | |

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| | <p>substance abuse services in the block grant. They have shifted to being called the Behavioral</p> <ul style="list-style-type: none"> • Health Planning Council: MHPC Focused on housing - standards and credentials Candice Singer - Housing needs to happen for addiction recovery community Dennis noted that there are 62 beds available statewide - 31 in Camden County and the rest in Atlantic County • MHPC is interested in looking at how schools deal with students who use have MH episodes Ellen wanted to know what the DMHAS is doing about this? Ezra reports that many school districts have SACs to deal with these issues however Donna noted that SACs are overwhelmed. Kathleen Dobbs - Schools need to admit that there is a problem. Donna wanted to know if there is an on-call individual? • <u>Liaison Report</u> Devin/Dennis/Ann met with CFS October 12th, 19th or 26th - Linkage Event - Lynn Kovich has this on her calendar BRSS TCS Policy Academy – Division awarded grant to implement a Peer support services for individuals and families in recovery. Candice indicated that she is interested in this effort and asked how she could join. | <p>Candice – CAC should make a list of what they think is important. Some suggested next-steps:</p> <ul style="list-style-type: none"> • Call the county directors and ask if there is a problem with the number and availability of beds • The CAC should do research themselves prior to reporting to DMHAS • MHPC - Ann - Does the MHPC have a subgroup where we could work with them. Ellen will ask <p>CAC requested for a DMHAS representative that could speak about preventative efforts in the school system related to students with SUD and mental health issues.</p> |
| <p>Old Business: Open Discussion</p> | <ul style="list-style-type: none"> • Linkage Event Devin - Send out the executive report for the last linkage event <ul style="list-style-type: none"> • We should include what was provided in the last event • We want to link to the "consumer" • Provide information and education about the Recovery Center <p>October 19th - Does not work for Ezra and Carole – Follow through with The Center for Family Services and Lynn Kovich about additional dates for the Linkage Event</p> <p>CAC broke out into separate teams to plan the Linkage event in October 2013</p> <ul style="list-style-type: none"> • Coordination Team - Kathleen Dobbs (Team Leader), Carol Moseley, • Programming Team - Ana, Candice, Jeff (Team Leader), Ellen/Denise, Donna • Data/Logistics - Debbie, Jeff, Kathleen Dennis (Team Leader), Dennis Donovan • Outreach and Marketing - Ezra, Carol (Team Leader) <p>Carole Moseley - Suggested - 1 or 2 of those meetings down at the Center for Family Services</p> <p>Donna DeStefano - Has Matthew Perry's publicists - Invite him to the event.</p> | <p>Candice Singer made recommendation that the CAC link to the community so that the community experience is better represented by the CAC</p> |

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| | <ul style="list-style-type: none"> • <u>Status of New Member Applications:</u> <ul style="list-style-type: none"> • Diane Shelton and Irene Morris - Applications completed • Ezra to send out letter by the end of next week. • <u>New Member Application Recruitment;</u> Continue sending the CAC application to the community. Also, review the by-laws to determine the diversity requirements • CAC requests a Spanish version of the CAC Poster be made. | |
| Presentation to CAC | <ul style="list-style-type: none"> • CAC welcomed Laura Marx, Executive Director of 2-1-1. She spoke of NJ 2-1-1's primary mission which is to reduce the confusion and frustration of finding resources by providing the best real-time information. Mrs. spoke about how her agency was able to address the vital human needs created as a result of Super Storm Sandy - from preparedness, through response and into recovery. 2-1-1 also provides the following services: The Home Energy Assistance Hotline; the Addiction Services Hotline; initial screening for the state's Kinship Navigator program; works closely with VOAD (Volunteer Organizations Active in Disasters) and NJ Office of Emergency Management in disaster preparedness, response and recovery; and so much more. | |
| Adjournment and Next Meeting: | <ul style="list-style-type: none"> • Ezra motioned to close meeting. And was seconded by Jeff. • The next meeting is Thursday, June 20, 2013 | |

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| <p>New Business:</p> <p>1) Linkage Event</p> <p>2) "Overdose Project."</p> | <p>Need a planning committee. Ann agreed to set-up conference call for early May to begin the planning process. Email to come.</p> <p>Discussion: Purpose of the linkage event is to solicit and collect information from consumers and use the information to help reduce stigma associated with addiction and recovery. Discussions should also focus on Client-Centered Treatment. The event will be scheduled for sometime in October, preferably on a Friday morning from 9:30am to 1:30am. It was suggested that the event be held at the new Recovery Center in Voorhees.</p> <p>The CAC has agreed to commence getting information about appropriate speakers, and to recruit facilitators activities such as icebreakers. CAC members are urged to do their own research to identify who would be likely to be the best presenters. The recommended speakers will write a paper explaining their presentation and background, and then the members will decide if they'd be a good speaker. Some suggested topics should include: defining evidence-based client center treatment, and explaining that evidence-based is relevant to the people that you are servicing.</p> <p>The CAC members identified that the priority attendance for the event should focus on consumers rather than professionals.</p> <p>It was suggested that the event be promoted at outpatient/inpatient programs, residential facilities, and drug court.</p> <p>Donna noted that April 18th was the first meeting for the "Overdose Project." GCADA and Division are running it to develop policies, outreach, and a plan to prevent overdosing.</p> | <ul style="list-style-type: none"> • Ann will send info about what is helpful in the planning • Members of the CAC who are not in attendance are urged to suggest names of speakers via email. • Ann to schedule conference call. First conference call will focus on the structure of the event. <ul style="list-style-type: none"> • Donna will attend meeting and report back. |
| | <p>Barbara McAllister RN - Special Operations/ Addiction Services provided a power point presentation regarding the Reportable Events Unit. Barbara noted that her unit received a total of 687 complaints and reportable events in 2012; about 520 were client complaints including 380 of outpatient clients. The CAC members noted that the Reportable Events Unit has a considerable workload with limited staff.</p> | <p>CAC members will promote the complaints phone #, and discuss recommendations for more staff positions for Barbara.</p> |
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These minutes were respectively provided by **Denise** Pangilinan and **Ellen** Taner.